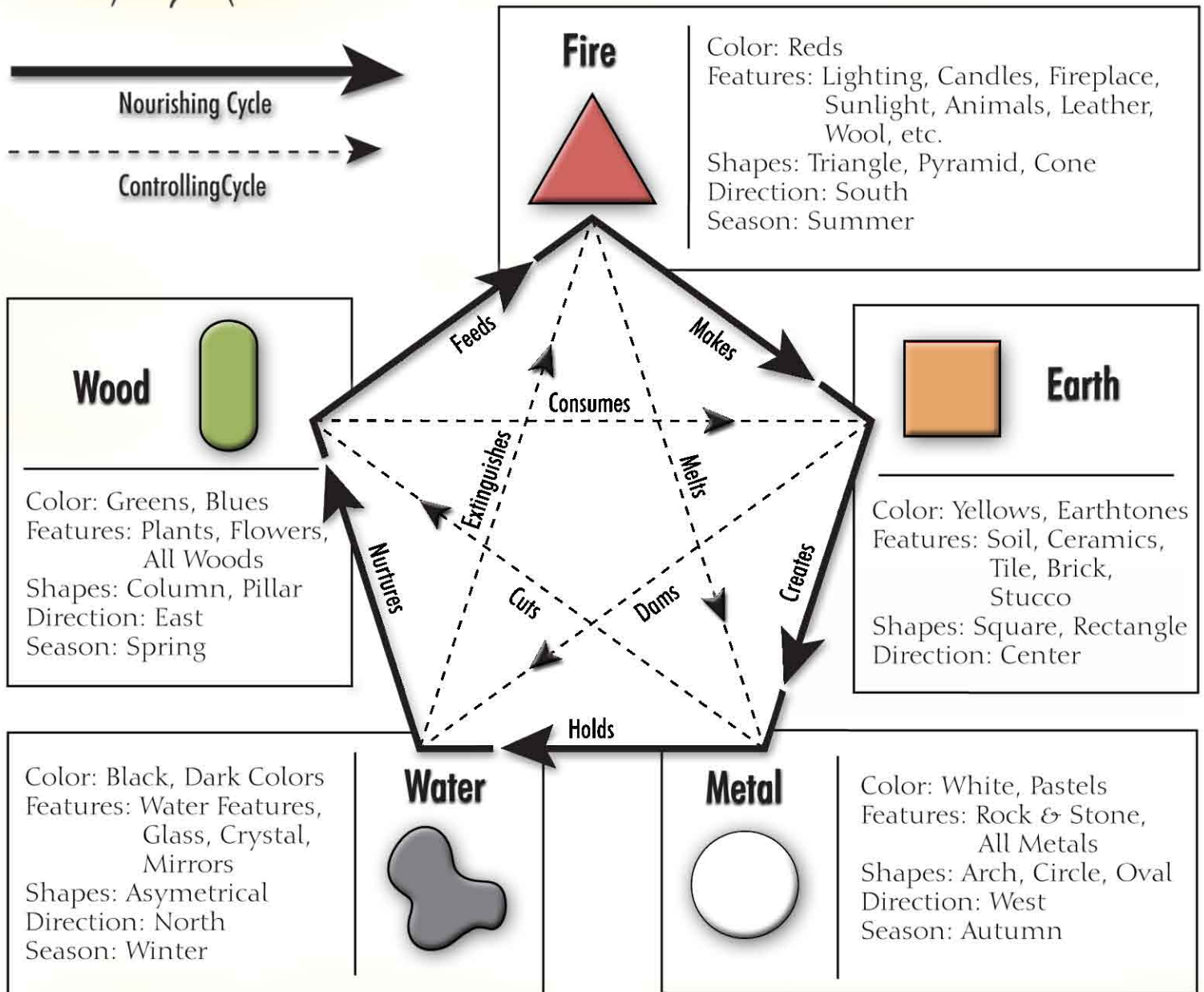
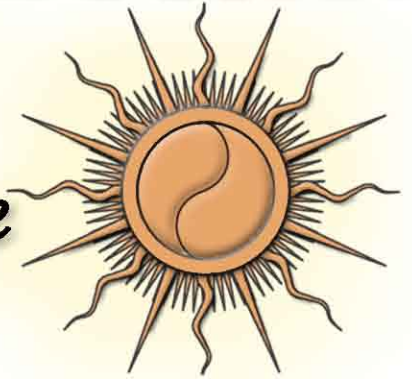


Five Elements Map



Feng Shui and Acupuncture Two Branches of the Same Tree



Metal

Lungs and Colon
Taking in and letting go
Judgement/Value
Depression when out of balance
Creativity when in balance

Water

Kidneys and Bladder
Balance
Fear when out of balance
Courage when in balance

Wood

Liver and Gall Bladder
Planning/Deciding
Anger and rigid when out of balance
Action and coordinated strength when in balance

Fire

Heart, Pericardium, Small intestines, Triple Heater
The Triple Heater is not an organ. Acupuncture sees it as a place near your heart which coordinates the breath, digestion and elimination/reproduction. It coordinates the heat in each of these regions of the body.
Passion/Integrity
Nervousness and high blood pressure when out of balance
Enthusiasm, generosity and clear thoughts when in balance

Earth

Spleen and Stomach
Review and Process
Compulsive behavior when out of balance
Caring and nourishing when in balance